

# Safe Refuge Hope-Change Success

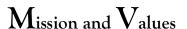
Formerly known as Substance Abuse Foundation of Long Beach, Inc.

Safe Refuge

Has a 35 year history of helping people to overcome the devastation of drugs and alcohol, and make a new start in life. We provide affordable treatment and rehabilitation services within a caring and supportive "Therapeutic Community".

Our unique "Treatment Campus" is located in the sunny Southern California community of Long Beach and is just blocks from the beach.

**Safe Refuge** is a California State licensed and certified treatment center, and its treatment and housing programs are nationally accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).



Our mission is to provide treatment and supportive services for those seeking recovery from addiction. We provide individuals the opportunity to learn life changing skills to remain and clean and sober.

Our emphasis is on helping the underserved. We value the individual rights, confidentiality and dignity of all those we serve.

Safe Refuge 3125 East Seventh Street Long Beach, California 90804

### (562) 987-5722

### **Admissions**

Intake ext. 500

### Information

Andrew Hellerich ext. 105 Arthur Romo ext. 106

### **Donations**

Fraissy Guijarro ext. 104

(7:00 A.M.-5:00 P.M.) Toll-free: 1-888-476-2743 Fax: (562) 987-4586





# Continuum of Care

Safe Refuge provides a comprehensive, complete "Continuum of Care" that includes residential treatment, outpatient treatment, and rehabilitative supportive services, which include substance-free housing.

Each individual's treatment program is designed to match their unique needs.



# Residential Treatment

Residential Treatment is the most intensive level of care. We provide housing for men and women who live in separate shared living quarters. They participate in daily recovery activities, including educational classes, individual counseling and self-help 12 step meetings.



# Outpatient Treatment

Outpatient Treatment varies in intensity, according to each individual's treatment needs, from one to five days per week. Morning, afternoon, evening and weekend treatment services are available.



# Alcohol and Drug-Free Housing

Safe Refuge a leader in affordable supportive housing for people who complete primary treatment and want to live in an alcohol and drug-free environment.

## Affordable Care

**Safe Refuge** is a Non-Profit Organization. Our low-cost treatment programs and services are covered by many health insurers including Medi-Cal.

Some individuals may qualify for Government-Funded Services or one of our funded programs geared towards special populations".

Some programs and services are funded, in part, by the County of Los Angeles, Department of Public Health, Substance Abuse Prevention and Control.



# Safe Refuge - Guide to Services 10-01-2024

| Program   | Services/Length  | Eligibility  |
|---|--|--|
| Medi-Cal-Outpatient<br>Outpatient Treatment<br>Intensive Outpatient | Outpatient program for up to 90 days, persons may qualify for Sober Housing (Recovery Bridge Housing) while participating in Outpatient services | Los Angeles County Medi-Cal beneficiaries that assess for services at an outpatient level of care, including those that are pregnant and/or postpartum   |
| Medi-Cal Residential<br>High Intensity<br>Low Intensity             | Residential treatment services for up to 90-days   | Los Angeles County Medi-Cal beneficiaries that assess at a residential level of care of either 3.1 or 3.5.   |
| Veterans Overcoming<br>Homelessness                                 | 6 to 24 months of residential treatment services and transitional housing.   | Male Veterans vested out of the Long Beach Veterans Administration are eligible for services, no bad conduct or dis-honorable discharges, should have copy of DD-214 or VA Identification card |
| Self-Pay Outpatient   | Varies   | PC1000 (Drug Diversion), PC1210 (prop-36), PC 273.1 Child Abuse Prevention, all programs recognized by the courts and DCFS.  |
| Sober Living  | Sober Housing in shared units for 3-months to 1-year.  | Be able to pay \$ 500 to \$600 dollars a month Sober Living fees   |