



Hope. Change. Success.

Safe Refuge

Hope-Change Success

Formerly known as Substance Abuse Foundation of Long Beach, Inc.

Safe Refuge

Has a 35 year history of helping people to overcome the devastation of drugs and alcohol, and make a new start in life. We provide affordable treatment and rehabilitation services within a caring and supportive "Therapeutic Community".

Our unique "Treatment Campus" is located in the sunny Southern California community of Long Beach and is just blocks from the beach.

Safe Refuge is a California State licensed and certified treatment center, and its treatment and housing programs are nationally accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).



Mission and Values

Our mission is to provide treatment and supportive services for those seeking recovery from addiction. We provide individuals the opportunity to learn life changing skills to remain and clean and sober.

Our emphasis is on helping the underserved. We value the individual rights, confidentiality and dignity of all those we serve.

Safe Refuge

3125 East Seventh Street
Long Beach, California 90804

(562) 987-5722

Admissions

Intake ext. 500

Information

Andrew Hellerich ext. 105
Arthur Romo ext. 106

Donations

Fraissy Guijarro ext. 104

(7:00 A.M.–5:00 P.M.)

Toll-free: 1-888-476-2743

Fax: (562) 987-4586



www.asaferefuge.org



Continuum of Care

Safe Refuge provides a comprehensive, complete "Continuum of Care" that includes residential treatment, outpatient treatment, and rehabilitative supportive services, which include substance-free housing.

Each individual's treatment program is designed to match their unique needs.

Residential Treatment

Residential Treatment is the most intensive level of care. We provide housing for men and women who live in separate shared living quarters. They participate in daily recovery activities, including educational classes, individual counseling and self-help 12 step meetings.

Outpatient Treatment

Outpatient Treatment varies in intensity, according to each individual's treatment needs, from one to five days per week. Morning, afternoon, evening and weekend treatment services are available.

Alcohol and Drug-Free Housing

Safe Refuge a leader in affordable supportive housing for people who complete primary treatment and want to live in an alcohol and drug-free environment.

Affordable Care

Safe Refuge is a Non-Profit Organization. Our low-cost treatment programs and services are covered by many health insurers including Medi-Cal.

Some individuals may qualify for Government-Funded Services or one of our funded programs geared towards special populations".

Some programs and services are funded, in part, by the County of Los Angeles, Department of Public Health, Substance Abuse Prevention and Control.

Safe Refuge - Guide to Services 10-01-2024

Program	Services/Length	Eligibility
Medi-Cal-Outpatient Outpatient Treatment Intensive Outpatient	Outpatient program for up to 90 days, persons may qualify for Sober Housing (Recovery Bridge Housing) while participating in Outpatient services	Los Angeles County Medi-Cal beneficiaries that assess for services at an outpatient level of care, including those that are pregnant and/or postpartum
Medi-Cal Residential High Intensity Low Intensity	Residential treatment services for up to 90-days	Los Angeles County Medi-Cal beneficiaries that assess at a residential level of care of either 3.1 or 3.5.
Veterans Overcoming Homelessness	6 to 24 months of residential treatment services and transitional housing.	Male Veterans vested out of the Long Beach Veterans Administration are eligible for services, no bad conduct or dis-honorable discharges, should have copy of DD-214 or VA Identification card
Self-Pay Outpatient	Varies	PC1000 (Drug Diversion), PC1210 (prop-36), PC 273.1 Child Abuse Prevention, all programs recognized by the courts and DCFS.
Sober Living	Sober Housing in shared units for 3-months to 1-year.	Be able to pay \$ 500 to \$600 dollars a month Sober Living fees