



Help Me Grow LA

PARENT AND FAMILY CAFÉ!

Wednesday, January 15, 2025

4:30-6:30 pm

Thursday, February 20, 2025

4:30-6:30 pm

Wednesday, March 19, 2025

4:30-6:30 pm

**MLK Community Health &
Trauma Prevention Center**

11833 Wilmington Ave,
Los Angeles, CA 90059

FREE: REGISTER HERE!



**SNACKS AND
DRINKS PROVIDED!**

A safe space to gather, support other parents, share stories and experiences, plus learn about important resources for child development or special health care needs.

Help Me
Grow | L.A.



COUNTY OF LOS ANGELES
Public Health