

COMMODITY SUPPLEMENTAL FOOD PROGRAM

Receive a **free food kit once a month**. Nutritious package provides a selection of fruit, juice, vegetables, milk, cheese, grains, protein and much more. This food box is designed to supplement dietary intake of calcium, potassium, magnesium, fiber and vitamins.



Requirements/Eligibility

- **60 years of age or older**
- **Identification with date of birth will be required.**
 - Acceptable forms of identification: California ID, Driver's License, U.S. Passport etc.

Senior Income Guidelines

Income cannot exceed the following monthly amounts:

1 Person Household - \$1,632

2 People Household - \$2,215

**You can authorize someone to pick up your food every month.
Please make sure to bring that person with you at the time of your first visit.**

To learn more please contact us at (323) 234-3030 x170 or csfp@lafoodbank.org

Pick Up Location:

**City of Glendale
Community Services & Parks
Adult Recreation Center
201 East Colorado Street, Glendale, CA 91205
October 22, November 19, and December 17, 2024
1:00 p.m. - 3:00 p.m.**



It is highly recommended that you bring a large grocery bag or push cart when picking up our food kit

This institution is an equal opportunity provider.